



Relationships and Sex Education (RSE) Policy Statement



Intent:

At Christ Church CofE Primary School, our intent is to provide a high-quality Relationships and Sex Education (RSE) curriculum that equips children with the knowledge, skills, and understanding to form healthy relationships and make informed choices about their bodies and relationships. We aim to foster a safe and supportive environment where children feel comfortable discussing sensitive topics and developing a positive attitude towards themselves and others. Our curriculum is designed to ensure that all pupils, regardless of their background or starting point, achieve age-related expectations in RSE.

Key Objectives:

- To develop pupils' understanding of relationships, including friendships, family relationships, and romantic relationships.
- To equip pupils with the skills to make safe and informed choices regarding their bodies, health, and relationships.
- To promote respect, empathy, and understanding of diversity in relationships, including different family structures and sexual orientations.

Implementation

The implementation of our RSE curriculum is guided by a structured approach that includes age-appropriate content, interactive teaching methods, and opportunities for discussion, ensuring a comprehensive and engaging learning experience.

Curriculum Design:

- A well-rounded curriculum that covers key areas of RSE, including:
 - **Relationships:** Understanding the nature of healthy and unhealthy relationships, communication skills, and conflict resolution.
 - **Health and Wellbeing:** Knowledge of physical and emotional health, personal hygiene, and the importance of consent.
 - **Sex Education:** Age-appropriate information about human reproduction, puberty, and sexual health.
- Regular lessons are provided in key stages 1 and 2, focusing on developing core knowledge and skills in RSE.

Teaching Strategies:

- **Interactive Learning:** Utilising a variety of teaching methods to engage pupils, including:
 - Group discussions and role-playing scenarios to practice communication and relationship skills.
 - Use of multimedia resources (videos, stories, and art) to explore themes and provoke thoughtful discussions.
- **Safe Environment:** Establishing ground rules for discussions to ensure a respectful and safe space for pupils to express their thoughts and feelings.

Assessment and Feedback:

- Ongoing formative assessment is conducted to monitor pupil progress in RSE and inform teaching practises.
- Clear feedback mechanisms guide pupils in reflecting on their learning and understanding of RSE topics, aligned with our school's assessment policies.

Impact

The impact of our RSE policy will be measured through various indicators that reflect the effectiveness of our teaching and the progress of our pupils.

Success Indicators:

- Increased percentages of pupils demonstrating an understanding of healthy relationships and personal safety by the end of each key stage.
- Improvement in pupil engagement and attitudes towards RSE, evidenced through pupil voice and participation in RSE initiatives.
- Enhanced ability to communicate effectively about relationships and personal health, demonstrated through practical assessments and participation in discussions.

Monitoring and Evaluation:

- Regular reviews of pupil progress data and assessment outcomes to evaluate the effectiveness of our RSE curriculum.
- Feedback from staff, pupils, and parents will inform future developments in our RSE provision.