



RELATIONSHIP, SEX & HEALTH EDUCATION (RHSE)

RSHE & the WIDER NATIONAL CURRICULUM

The new RSHE curriculum complements several National Curriculum subjects. Teachers will therefore look for opportunities to draw links between the subjects and to integrate teaching where appropriate.

At Key Stage 1 & 2, the National Curriculum for **SCIENCE** includes:

- teaching about the main external parts of the body
- changes to the human body as it grows from birth to old age, including puberty

The National Curriculum for **COMPUTING** aims to ensure that all pupils can understand and apply the fundamental principles and concepts of computer science. It also covers e-safety, with progression in the content to reflect the different and escalating risks that young people face as they get older. This includes how to use technology safely, responsibly, respectfully and securely, how to keep personal information private, and where to go for help and support.

The National Curriculum for **PE** aims to ensure that pupils develop competence to excel in a broad range of physical activities, are physically active for sustained periods of time, engage in competitive sport and activities and lead healthy, active lives.

Schools need to consider how to ensure their RHSE curriculum their teaching in other National Curriculum subject areas as well as their whole-school approach to wellbeing and health. Schools should tailor their curriculum to meet the needs of their pupils.

WHOLE-SCHOOL APPROACH

All of these subjects should be set in the context of a wider whole-school approach to supporting pupils to be safe, happy and prepared for life beyond school.

At Christ Church CoE Primary School, the RSHE complements – and is supported by - our wider policies on behaviour, inclusion / equality, bullying and safeguarding.

RHSE sits within the context of our broader ethos and approach to developing pupils socially, morally, spiritually and culturally; and our system of pastoral care.

Our RHSE also forms a key aspect of our character education by supporting the development of important attributes including: honesty, kindness, tolerance, courtesy, resilience and self-efficacy.

Our RSHE curriculum has been planned to proactively address issues in a timely way in line with current knowledge about children's physical, emotional and sexual development. This should be in line with pupil need, informed by pupil voice and participation in curriculum development, and in response to issues as they arise in the school and wider community.