



CHRIST CHURCH NEWSLETTER 23/04/2021

I love coming back to school after the Easter holidays. I don't know what it is, but the children always seem to have grown so much and are ready to face new challenges.

It helps that the days are longer, the sun feels warmer, the sky seems brighter... it's like the whole world has woken with a more positive attitude and a sense of 'we can do this'.

This year - like last year - we all need to have that optimism that something good is just around the corner; that life is going to get better - and we are winning out fight against covid.

It is important that we look forward – to a new future – and that we appreciate the warmth of the sun on our face.

It is just as important to look back; to see how much we have grown and to recognise how far we have come. You should feel proud!



Mrs Richardson

National Gardening Week

The country's biggest annual celebration of gardening is taking place from Monday 26 April to Sunday 2 May 2021. This year, we'll be encouraging you to Get Your Dose of Vitamin G!

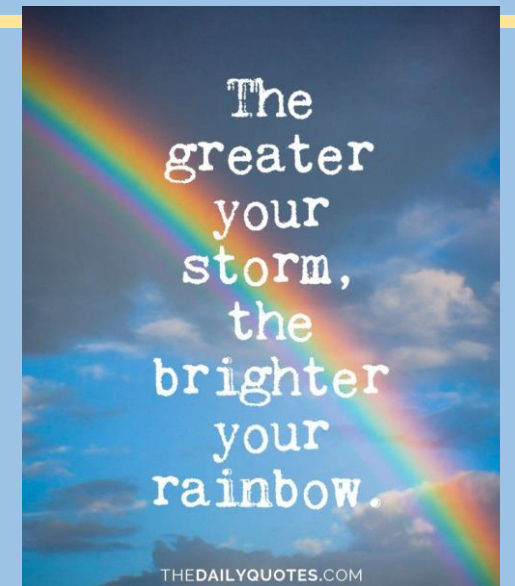
What's happening?

Over the last year, we've come to rely on our gardens and green spaces more than ever. Many of us have rediscovered the importance of connecting with nature for our mental and physical wellbeing.

For National Gardening Week in 2021, we're celebrating the feel-good power of plants and gardens, highlighting the [scientific links between gardening and wellbeing](#) and sharing easy tips to get your daily dose of Vitamin 'G'.

"Vitamin G is 'green', and research has shown that getting a daily dose improves our sense of personal wellbeing," explains RHS Director of Science, Professor Alistair Griffiths.

<https://www.rhs.org.uk/get-involved/national-gardening-week>



RANDOM FUN FACT

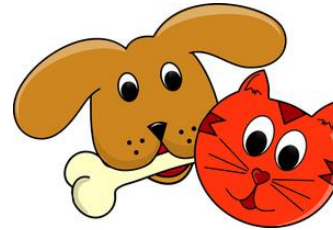


Antarctica is actually a desert due to how little rainfall it gets each year.

Make your own CHEESE & ONION PASTRIES!

1 pack of ready-rolled puff pastry
1/2 onion
50g butter
100g grated cheese
1tsp of mustard
Milk for sealing.

Melt the butter in a pan & add the onion. Heat and stir until softened. Mix in the mustard and set aside to cool. Once cooled add the cheese. Cut the length of ready rolled pastry down the middle & add the filling down the centre of each strip. Brush both edges of pastry with milk and roll into a sausage shape. Slice both sausages into 8 pieces or 16 for smaller pasties. Brush tops with milk and sprinkle with cheese. Cook in preheated oven for about 15 minutes at gas mark 4 or until golden. YUMMY!



PURRRRFECT PETS!

National Pet Month is back for the whole of April, and it is even better than ever; attracting thousands of animal lovers to celebrate the value of pet ownership.

Every year, National Pet Month brings together animal welfare charities, professional bodies, businesses, and schools to promote good pet ownership, raise funds for good causes and have fun!

We want everyone to know about the rewards and benefits of owning a pet - whilst encouraging responsibility, increasing awareness of pet care specialists, and promoting the value of assistance and companion animals.

Find out more at their website:

<https://www.nationalpetmonth.org.uk/>

If you are a pet owner like me, the current circumstances mean that we are all spending more time with our pets – and I love it! Our pets are great friends, and often help us feel better when we are sad or worried.



Heavenly Father,

Thank you for our pets, big and small.

Thank you for the friendship they give us,

Thank you for the comfort they bring us.

We pray for all our lovely pets;

We pray for the caring vets.

Thank you for them all.

Amen