

National  
**Smile**  
Month



**Oral Health  
Foundation**



**A trip to the  
dentist  
together**



**Adults should help  
children to brush  
their teeth twice a  
day.**





**Children should visit  
a dentist every 6  
months.**





**Don't worry if your child  
won't open their mouth  
during their dental  
appointment.**





We pride ourselves in  
being a family friendly  
dental practice!



A child's first dental visit is about more than just looking in their mouth.



Encourage the most confident child to sit in the dental chair first.





Don't forget to make another appointment for the family before you leave.



Ask us about  
Fluoride Varnish.  
#preventionisbetterthancure



Ask us about dummy  
use.

#preventionisbetterthancure



Ask us for  
toothbrushing tips.  
#preventionisbetterthancure

