



Christ Church C of E Primary School

Flaxley Lane
Middlebeck
Newark
Nottinghamshire
NG24 3XB

Headteacher: Mrs A. Richardson

Tel: 01636 680051

Email: office@christchurch.notts.sch.uk

Learning & Growing Together in
FAITH, HOPE & LOVE

April 2023

Dear Parents & Carers,

Following feedback from the Ofsted inspectors in the Autumn Term, we have been reviewing our current PSHE (Personal, Social & Health Education) scheme of work, which includes how we intend to meet the statutory requirements for RSHE (Relationships, Sex & Health Education) as outlined by the Department for Education.

For further information about these statutory requirements, please read the DfE document: [Relationships and sex education \(RSE\) and health education - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/672222/Relationships_and_sex_education_(RSE)_and_health_education_-_GOV.UK_(www.gov.uk).pdf)

Having sought recommendations from other schools - and mindful that as a Church school we need to follow Church of England guidance for PSHE & RSHE - we have decided to trial the highly recommended 'Jigsaw' scheme and resources; a 'mindful approach' to PSHE which is widely used in a variety of primary and secondary schools across the country.

Please refer to the 'Jigsaw' website for more details:

- [Jigsaw PSHE The Mindful Approach to PSHE, Well-Being, SEL](https://www.jigsawpshe.com/jigsaw-pshe-the-mindful-approach-to-pshe-well-being-sel)
- [Our Story \(jigsawpshe.com\)](https://www.jigsawpshe.com/our-story)

We have also sent you a PDF Guide produced by Jigsaw for parents and carers, which explains how the scheme and resources support your child's development through school.

As this is a new scheme here at Christ Church, we have decided to choose two of the six units to deliver during the summer term – 'Healthy Me' and 'Relationships', which cover part of the statutory curriculum that schools must now teach. Neither unit contain any aspect of the revised sex education curriculum which primary schools might choose to include as part of their RSHE curriculum (and which parents can opt their child out of).

This trial period will allow both staff and children to become familiar with the lesson format and supporting resources. It will also give us time to review our PSHE / RSHE policy – in consultation with parents - and to update our website with information about the new scheme and curriculum.

From September 2023, we plan to teach the six units in order, as set out by the Jigsaw scheme itself. A further curriculum review and parent consultation will take place next year once the scheme is more established across school.

We are aware that there has been a lot of recent media attention about what is - or is not - being taught in primary schools as part of the PSHE & RSHE curriculum. Some of this media coverage has not accurately reflected what or how things are taught in primary schools, as the statutory guidance is clear that all teaching should be age-appropriate, as mapped out in the DfE curriculum guidance. This progression can clearly be seen in the *Jigsaw Curriculum Snapshot Overview*, which is available on our website.

As a result of media speculation and concern about what some schools may be teaching, the Government is undertaking a detailed review of their own statutory guidance and how this may be being delivered in schools. Further information can be found from the following DfE sites:

- [What is RSHE and why are we reviewing the curriculum to protect children? - The Education Hub \(blog.gov.uk\)](https://www.blog.gov.uk/2023/08/23/what-is-rshe-and-why-are-we-reviewing-the-curriculum-to-protect-children/)
- [Review of relationships, sex and health education to protect children to conclude by end of year - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/news/review-of-relationships-sex-and-health-education-to-protect-children-to-conclude-by-end-of-year)

Following the publication of this review (expected at the end of this year), we are confident that Jigsaw will make any changes to their curriculum and / or resources to meet any statutory recommendations made by the Government; meaning that our PSHE & RSHE curriculum will always be up-to-date with the latest research and DfE guidance. We hope that this – and the knowledge that Jigsaw is a scheme used by many other Church of England schools – will reassure anyone who may feel concerned about the content of our PSHE / RSHE curriculum.

We believe that an effective PSHE curriculum is a crucial part of our wider safeguarding measures, which aim to keep children safe both at school and outside of school. The NSPCC are a national organisation who provide a huge amount of resources and guidance for schools with regard to safeguarding and keeping safe. They also provide useful tips for parents - on a wide range of parenting issues – including how to talk to your children about difficult topics:

[Support for parents | NSPCC](#)
[Parents' leaflets | NSPCC Learning](#)

Further information about Jigsaw and our new PSHE curriculum will be shared with parents and carers during this year.

Please have a look at the Jigsaw website if you want to find out more, or arrange to come and speak to me in school.

Kind regards

Mrs Richardson