AUTUMN/WINTER 2023/24

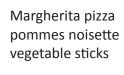


WEEK COMMENCING

February 12, March 4, March 25



Vegetarian meals are available upon request



Gluten Milk Soya

Chicken pasta garlic bread crunchy vegetables

Gluten Milk Soya

Southern style burger in a bun jacket wedges carrot sticks & ranch salad

Gluten Egg Milk Sesame

Roast turkey & stuffing gravy roast OR mashed potatoes cabbage & carrots

Gluten

MSC fish cake diced potatoes garden peas & crunchy veg tomato ketchup

Gluten Fish

MAIN MEAL



Mixed berry mousse & apple wedge OR Fruit

Milk



Cornflake tart & custard OR Fruit

Milk Gluten Sulphur Dioxide



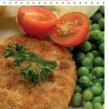
Fruit flapjack
OR
Fruit

Gluten



Ginger cookie OR Fruit

Gluten



Apple muffin
OR
Fruit

Gluten Egg

DESSERT











ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served.

www.nottinghamshire.gov.uk/schoolmeals

AUTUMN/WINTER 2023/24



WEEK COMMENCING

January 29, February 19, March 11, April 1



Vegetarian meals are available upon request

MAIN MEAL

DESSERT



Quorn dippers diced potatoes sweetcorn cucumber sticks

Gluten



Chocolate sponge & chocolate sauce OR Fruit

Milk Egg Gluten



Nottinghamshire sausage gravy, Yorkshire pudding mashed potato broccoli & carrots

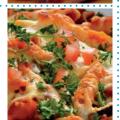
Egg Gluten Milk Sulphur Dioxide



Jelly & fruit OR Fruit



Cheesy tomato pasta garlic bread carrot & cucumber sticks



Bakewell tart & custard OR Fruit



Gluten Milk Soya

Roast pork, stuffing & gravy Yorkshire pudding roast OR mashed potato cabbage & fresh carrots

Milk Egg Gluten



Honey & oatmeal cookie **OR** Fruit

Egg Gluten Sulphur Dioxide Milk





Gluten Milk Fish



Strawberry ice-cream tub **OR** Fruit

Milk

Gluten



ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served.

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AUTUMN/WINTER 2023/24

WEEK COMMENCING

February 5, February 26, March 18, April 8

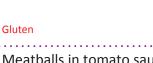


Vegetarian meals are available upon request

MAIN MEAL



Vegan roll & gravy mashed potatoes garden peas fresh carrots



Meatballs in tomato sauce with penne pasta, pitta bread &crunchy vegetables

Chicken curry & naan bread

Gluten Egg Milk Soya

sweetcorn cobette

Milk Mustard Gluten

Tilda rice



Chocolate brownie OR Fruit

Gluten



Fruit yoghurt **OR** Fruit



Honey cake & custard OR Fruit



Milk Egg Gluten

Fruit cookie



Roast Gammon & gravy Yorkshire pudding roast OR mashed potatoes carrots & broccoli

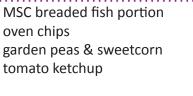
Milk Egg Gluten



OR Fruit



Gluten



Gluten Fish



Butterscotch tart OR Fruit

Milk Gluten



ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served.

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